



THE KENYA NATIONAL EXAMINATIONS COUNCIL

911/2 CREATIVE ARTS AND SPORTS SCHOOL BASED ASSESSMENT GRADE 7 SEPTEMBER 2026

Name: Signature:

Assessment number: Class:

Date:

Instructions to Learners

1. This question paper consists of **two** sections: **A** and **B**
2. **Section A: Written Tasks - Questions 1- 16 (50 marks)**
PART I: Performing Arts - Questions 1–5 (23 marks)
PART II: Physical Education and Sports - Questions 6–11 (17 marks)
PART III: Visual Arts - Questions 12–16 (10 marks)
3. Answer **ALL** the questions in the spaces provided.
4. **Section B: Visual Arts Practical Task - Question 17 (20 marks)**
 - (i) The practical task should be done separately after completing Section A.
 - (ii) Use a separate plain working sheet.

FOR ASSESSORS USE ONLY

	Part I: Performing Arts					Part II: Physical Education and Sports						Part III: Visual Arts						TOTAL
Task No.	1					2						3						5
Question No.	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	17
Max score	5	4	4	4	6	2	4	4	3	2	2	2	2	2	2	2	20	70
Learner's Score																		

This paper consists of 9 printed pages.

Turn over

SECTION A: WRITTEN TASKS (50 marks)

PART I: PERFORMING ARTS (23 MARKS)

1. The rhythm below is in $\frac{2}{4}$ time. Insert **bar lines** to divide it into complete bars. (5 marks)



2. Write the letter names of the notes shown below. (4 marks)



(i) _____ (ii) _____ (iii) _____ (iv) _____

3. Name the musical note that corresponds to each rest below: (4 marks)

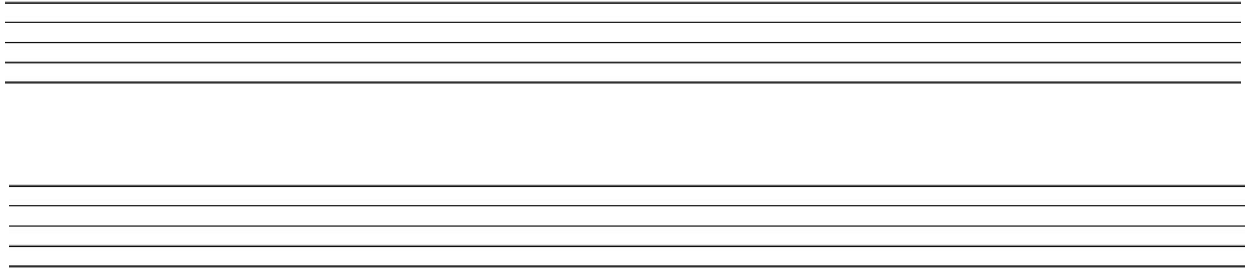
(i)  _____

(ii)  _____

(iii)  _____

(iv)  _____

4. Using notes of the scale of **C Major**, compose a four-bar melody in $\frac{2}{4}$ time. Use crotchets and quavers only. Write on the staff below: (4 marks)

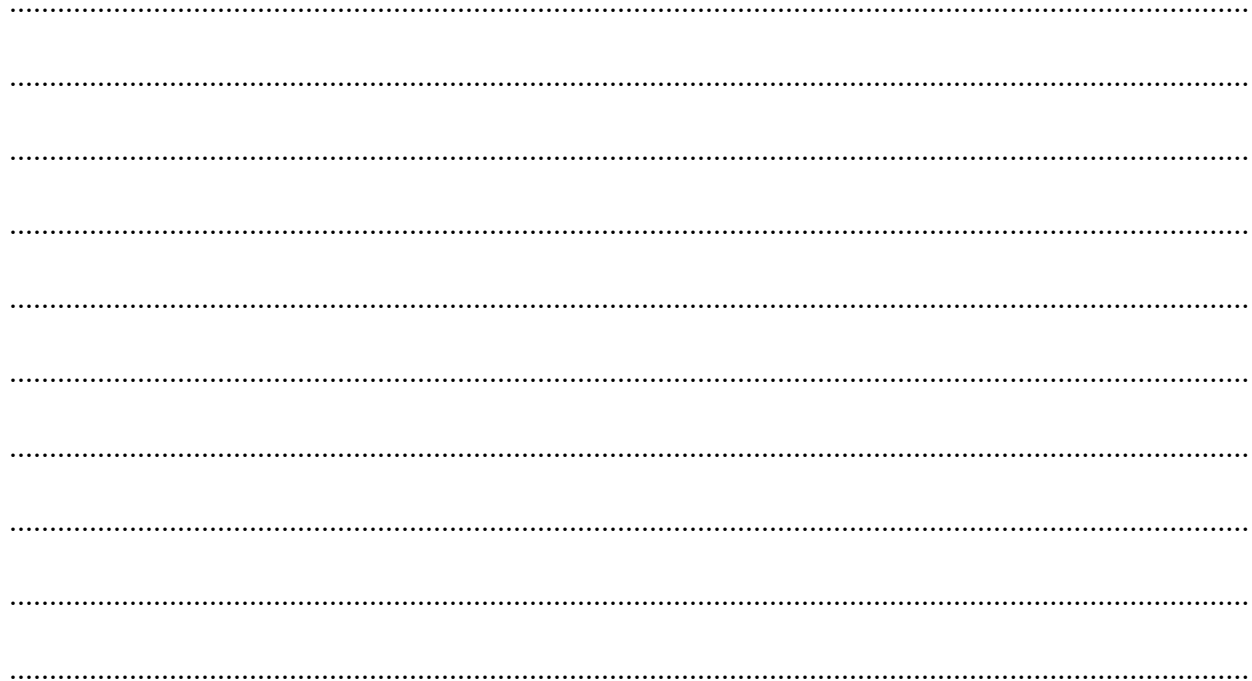


Two empty musical staves, each consisting of five horizontal lines, provided for composing a four-bar melody.

5. Create a short story of **six sentences** about caring for the environment. Your story must have:

- A clear beginning, middle, and end
- At least one character
- A problem and a solution
- One storytelling technique you would use when presenting it to the class

(6 Marks)



Ten horizontal dotted lines provided for writing a short story of six sentences about caring for the environment.

PART II: PHYSICAL EDUCATION AND SPORTS (17 MARKS)

Part II has two Sub Sections: Sub Section A and Sub Section B. Answer all the questions in Sub Section A (No 6 to 10) and answer ONLY one in Sub Section B: Either No. 11 (a) or No. 11 (b)

Sub Section A

6. A Grade 7 learner performed the activity shown in the image below to improve physical fitness. Study the image and answer the questions that follow.



- a) Name the component of physical fitness that the learner is developing. (1 mark)

- b) Why is this component of physical fitness important in sports? (1 mark)

7. An athlete threw a javelin which landed as follows.



- a) State one action the athlete should take when throwing to ensure that the javelin lands correctly (1 marks)

b) During an athletics training session, learners were practising the three phases of javelin throw. State the three phases of a javelin throw in the correct order. (3 marks)

8 a) During a handball match, the attacking players are closely marked by the defenders. Describe one type of pass that the defending players can use in handball to pass the ball

(2 marks)

b) State two actions the attacking players can take to retain the ball possession (2 marks)

9 a) In a football match, a player received a ball that was above waist level. Which ball-trapping technique would be most appropriate for controlling the ball? (1 mark)

b) Explain how the player should perform the trapping technique identified in 4(a) above (2 marks)

- 10 During an inter-house competition, the referee reminded the players to observe fairness throughout the game. State two ways in which players can demonstrate fairness during a game. (2 marks)

Sub Section B - Optional sports (2 Marks)

Answer ONLY ONE question from this sub-section: Either Question 11 (a) or Question 11 (b)

11. a) Option 1: swimming: Swimming

During a swimming lesson, a learner was asked to demonstrate the backstroke to other classmates. Describe two actions the learner should perform when demonstrating the backstroke (2 marks)

11. b) Option 2: Indigenous Games

Your class will compete against Grade 8 in a tug-of-war competition. Describe two actions you would advise your team to take in order to win the contest. (2 marks)

PART III: VISUAL ARTS (10 MARKS)

Answer **ALL** the questions in the spaces provided for this section.

12. A learner is designing a poster to advertise a school cultural festival. Explain **two** reasons why warm colours would be suitable for the poster. (2 marks)

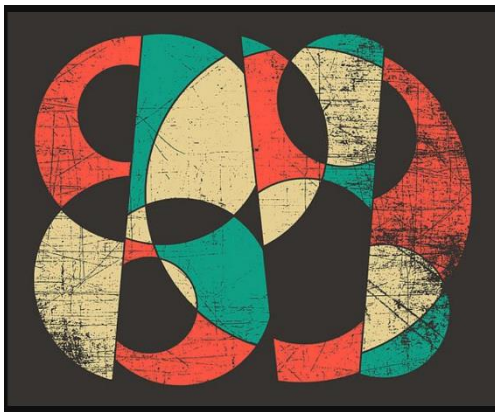
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13. Study the picture below and answer the questions that follows



- (a) Identify the type of balance shown. (1 mark)

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- (b) Give **one** reason for your answer in (a). (1 mark)

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14. A learner has made a flip book, but the pages do not turn smoothly. Suggest **two** ways the learner can improve the flip book so that the pages turn easily. (2 marks)

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15. During an art exhibition, a drawing is to be mounted for display. Explain **two** features of a correctly done mat mounting. (2 marks)

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16. While carving a wooden animal form, part of the wood breaks off before the work is completed. Describe **two** actions that could have prevented the breakage. (2 marks)

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SECTION B: VISUAL ARTS PRACTICAL TASK (20 marks)

Question 17.

This practical task should be done separately on a different day, after completing the Creative Arts and Sports written tasks.

Instructions to Learners

Use a separate A4 plain drawing sheet. Do **NOT** bring real objects for this task.

Task description:

- (i) Create a nature composition from **imagination** showing **hills, plant forms** such as **trees, sisal plants** or **shrubs**, and either a **road, pathway** or **river**.
- (ii) Arrange the features to show balance and depth in the composition.
- (iii) Use about three quarters of the drawing space.
- (iv) Complete the work using **pencil shading**.
- (v) Ensure the nature features are clear and recognizable.
 - Show balance and good use of space in the composition.
 - Use tone, blending and smudging to show form and depth.
 - Keep the work clean and neat.
- (vi) Write your **full name, class, assessment number** and **date** at the bottom right corner of the drawing sheet.



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Grade 7: CREATIVE ARTS AND SPORTS-SBA -2026

School Summary Assessment Score Sheet

Assessment No.	Learners Name	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17
		PL	PL	PL	PL	PL	PL	PL	PL	PL	PL	PL	PL	PL	PL	PL	PL	PL

Assessment No.	Learners Name	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17
		PL	PL	PL	PL	PL	PL	PL	PL	PL	PL	PL	PL	PL	PL	PL	PL	PL