



KENYA NATIONAL EXAMINATION COUNCIL

SCHOOL BASED ASSESSMENT

HINDU RELIGIOUS EDUCATION

(For: Regular learners)

Grade 7 – Aug 2026

LEARNER'S NAME: _____ GRADE: _____

ASSESSMENT NO: _____ DATE: _____

SCHOOL NAME: _____

INSTRUCTIONS TO LEARNERS

1. This paper consists of 29 questions.
2. Answer Question 1 to 29 spaces provided.

Time: 1 Hour (Questions 1 to 29)

FOR OFFICIAL USE ONLY - SCORING GRID (50 scores)

Question	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17
Learner's Score (s)	1	1	2	1	1	1	1	1	1	1	1	1	1	2	1	1	2
Learner's Score																	

Question	18	19	20	21	22	23	24	25	26	27	28	29	TOTAL
Learner's Score (s)	2	2	1	1	1	1	2	4	4	4	4	4	50
Learner's Score													

SECTION A

1. After recovering, Dara Shikoh visited Guru Har Rai Ji demonstrating humility and expressing desire to receive blessings and guidance. The other purpose of this meeting was to

Tick the **correct** answer.

A. give all his empire to Guru Har Rai Ji	B. strengthen their bond between the two faiths	C. admire Guru ji's extensive herbal dispensary
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A.	B.	C.
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2. In the Epic Mahabharata *Pandavas* was sent to exile along with Draupadi. Draupadi was given an *Akshaya Patra* by Sun God Surya. The uniqueness of *Akshaya patra* was that it

3. When Prince Siddhartha travelled outside his palace in a chariot, he noticed *dukkhas*, that everyone may face in life. Write similar challenges people experience, and the solution given by Lord Buddha to all the sufferings.

4. Learners from Shree Swaminarayan Academy visited Simba Union Club to watch a religious film about Sri Guru Har Krishan Ji. The film showed how Chhaju Mal, a water carrier who could not read or speak, explain the Bhagwad Gita's meaning remarkably. He was able to explain it because

5. *Tirthankar* Neminath renounced his royal life and became an ascetic after seeing animals trapped in cages to be killed for food at his wedding feast. Write the meaning of the words

Renounced _____

Ascetic _____

6. At the opening ceremony of a new medical clinic in Arya Samaj School, learners recited the Gayatri Mantra. The prayer ended with “*Om Shanti Shanti Shanti* “ The word *Shanti* represents

AREAS	TICK
	
A. Sky waters and earth	
B. body mind and spirit	
C. everything everywhere and everyone	

7. Hindu Religious Education teacher asked the learners to write a short story showing the application of truthfulness as one of the teachings of *Uttradhyan Sutra* in everyday life. Select the statement that will support the story which the learners will write.
- A. Hiding the truth to impress others
 - B. Blaming a classmate for your mistake
 - C. Telling the truth even when it is difficult
8. Two learners argue over a football during break time. Instead of fighting, they discuss the problem calmly and agree to share the ball. According to the teachings of the Sutta Nipāta, what is the best lesson learnt from this situation?
- A. Anger solves problems quickly.
 - B. Peaceful speech and understanding help resolve conflicts.
 - C. The strongest learner should decide.
 - D. Friends should avoid each other after disagreements.

9. The Sutta Nipāta is an early Buddhist scripture and one of the oldest collections written in Pali. It contains teachings about how people should live a good, peaceful, and meaningful life. It offers teachings for _____.

A. Monks and lay people	B. Women and girls	C. Kings and queens
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10. During the month of June every year Sikhs celebrate Gurmurb of Sri Guru Arjan Devji. Several religious and social welfare activities are carried out by the devotees. During one of Hindu Religious Education lessons Mrs Ubhi taught about compositions of Sri Guru Arjan Dev ji. By the end of lesson, she asked the meaning of Sukhmani.

Out of the following responses, who gave the correct answer?

Learner	Response
A. Gursharn	it's a prayer that gives wealth
B. Alia	it's a prayer that brings harmony
C. Ravneet	it's a prayer that gives peace of mind

11. During a group activity, one learner struggles to read the instructions. Instead of laughing, the other group members patiently explain the task and encourage the learner. The principle demonstrated by other group members is _____
12. Jains practice principles of Dharma in their life. During Paryushan Parav, an inspirational speaker talked about the principles at length to a congregation. Which principle did he say is the cornerstone of their ethics?
- A. Satya
- B. asteya
- C. ahimsa
13. Akash used abusive words when his desk mate Amin forgot to return his watch. From the given principles of dharma, which **two** principles teach integrity. Write them in capital letters in the boxes below
- A. Satya
- B. Asteya
- C. Daya
- D. Purushartha

1
2

14. Moi Education School learners went to a Sikh temple to witness the activities Sikh devotees perform during Vaisakhi celebrations. The following activities were carried out. Identify the appropriate principle associated with each given activity.

- (i) washing used utensils in the gurudwara
- (ii) feeding the poor and the needy
- (iii) raising funds for the Gurudwara project
- (iv) volunteering polishing shoes at the Gurudwara

15. Dinesh, a learner of Grade 7 was told to match some of the Buddhist terms to their correct meaning. Tick the one which is **not** correct.

Term	Meaning	
A. Sharing of merits	Practise of passing the positive energy and positive karmas to others	
B. Puja	Devotional offerings or ritual worship	
C. Tisarana	Homage or salutation to the Buddha	
D. Metta Meditation	Developing love, kindness and goodwill towards all beings	

16. A Buddhist priest Mr. Amwayi was invited to Pendah Primary school to give a talk on the five precepts known as *Panchasila*. He gave a wide explanation of them. They help individuals progress on the path toward spiritual enlightenment.

Tick the right meaning of the word *Panchasila*

- A Five vices B Five Gems C Five virtues

17. A grade seven learner Kusum and her family are a Jain family. There is a special spiritual fast they all observe twice a year. It helps control desires and detox the body. Write any four things they are supposed to avoid during this fasting

1. -----2. -----3. -----4. -----

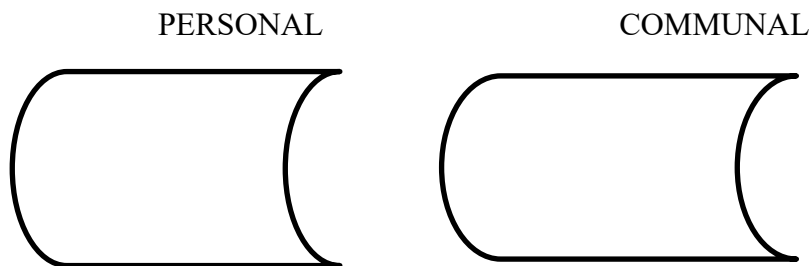
18. Every year celebrations of festivals foster community integration when they come together at public places clean ups, communal singing devotional songs and acting out in religious skits and plays

Write **two** other areas where the diverse generations of all the communities can connect to strengthen their bond

1. -----
2. -----

19. Grade Five Hindu Religious Education teacher Mrs Kamal gave a quiz to her class on personal and communal aspects of devotion. She asked them to write in the given diagram two of the paths from the given aspects

- A. chanting B. mala C. sangat D. meditation E. recitation
F. mantras G. Satsang



20. Complete the given definition on the Bhakti Yog

Bhakti yog is the path of ----- and ----- directed toward the divine.

21. Rites of passage are structured ceremonies or rituals that provide social and cultural significance in an individual's life. What names are given to the following rituals:

1. Naming ceremony in Sanatan/vedic faith -----
2. Tying turban in Sikh faith -----

22. Teacher Seema assessed her class on some rites of passage she taught and discussed with her class. She gave some clues of a ceremony from Sanatan/vedic community. She said that in this ceremony

- (i) The father touches a mixture of honey and ghee to the baby's tongue
- (ii) He uses a gold ring or spoon to put this mixture on the tongue
- (iii) Sacred mantras are chanted for a healthy and wise life

What is this ceremony called _____

23. In the naming ceremony of his nephew, Daljit invited his Christian friend Godfrey. They both decorated the Gurdwara's premises and supplied all the required food stuff to the kitchen. Godfrey became familiar with the protocols of the Gurudwara and stayed by to render all kind of help. Which value has been promoted through this participation?

- A. love B. social cohesion C. respect

24. Sikhs conduct all their religious sanskaars at the Gurudwara. They hold prayers observing all the required protocols. Ardas is recited followed by the holy food. All sanskaars are performed in the presence of _____ and _____

- A managing committee of their members
- B. their head priest and the priests
- C. Sri Guru Granth Sahib Ji and Relatives

SECTION B

25. Grade seven learners have been learning about the four *Purusharthas* in Sanatan/Vedic. Write down the **four** *Purusharthas* and their representations.

26. There are different practices of meditation in Buddhism. Write in simple words the meaning of each Buddhist practice given below

1. Buddha Vandana

2. Tisarana

3. Samantha

4. Vipassana

27. Sri Guru Har Krishan ji was the eighth Guru of Sikhs. Despite being the youngest Guru, He contributed in carrying forward the legacy of earlier Sikh Gurus. Describe His contributions to the mankind.

28. Which religious practices observed during Durga Puja bring out community integration?

29. Protocols are very vital in all the places of worship which must be observed by everybody for reverence. Write any two protocols observed in Sanatan/Vedic Mandir, Derasar, Buddhist Vihaar and Gurudwara.